

# MINDFUL LEADERSHIP™

© SSBC

F U L L - D A Y   W O R K S H O P

## THE LEADER NEEDS TO BE THE CALMEST PERSON IN EVERY SITUATION

### LEARNING TO BE MINDFUL

- Identify the "triggers" that knock you off your purpose
- Implement the process of heart-to-heart conflict resolutions
- Improve your response and the outcome of difficult situations
- Understand social-emotional learning & the power of emotional intelligence

### OUTCOMES OF PRACTICING MINDFULNESS

- Improve the outcome of difficult situations
- Become "better" by improving your thinking
- Enhance your coaching ability by applying a growth mindset
- Respond effectively rather than reacting too quickly



### SUMMIT FACILITATORS



HEATHER BAGBY



DAVE KIRBY

**SUNDAY**  
**AUGUST 29, 2021**  
**10:00am-4:00pm EST**

**Summit Salon Academy**  
**1012 South Reed Road**  
**Kokomo, IN 46901**

### INVESTMENT AND REGISTRATION OPTIONS

**LEVEL**  
LOYALTY REWARDS

**13,340Points / \$200**  
PER ATTENDEE

CLICK TO

REWARD POINTS

CREDIT CARD

MORE INFO

[REDEEM](#)

[BUY](#)

[LEARN](#)

**CE Hours**

CE Business for DC, IA, IL, NC & NE.  
Please contact  
[CE@supportforeal.com](mailto:CE@supportforeal.com)  
for further questions regarding CE.