

MINDFUL LEADERSHIP™

© SSBC

F U L L - D A Y W O R K S H O P

THE LEADER NEEDS TO BE THE CALMEST PERSON IN EVERY SITUATION

LEARNING TO BE MINDFUL

- Identify the “triggers” that knock you off your purpose
- Implement the process of heart-to-heart conflict resolutions
- Improve your response and the outcome of difficult situations
- Understand social-emotional learning & the power of emotional intelligence

OUTCOMES OF PRACTICING MINDFULNESS

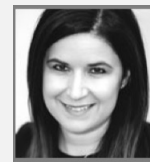
- Improve the outcome of difficult situations
- Become “better” by improving your thinking
- Enhance your coaching ability by applying a growth mindset
- Respond effectively rather than reacting too quickly

INCLUDES:

- PRIVATE GROUP / MINDFUL LEADERSHIP ATTENDEES ONLY
– ACCESS / 7-DAY FOLLOW UP



SUMMIT FACILITATORS



HEATHER BAGBY



DAVE KIRBY

JUNE 27, 2021
10:00am-4:00pm CST

STUDIO 21 SALON & BOUTIQUE
4557 Pinetree Circle
Vestavia Hills, AL 35243

INVESTMENT AND REGISTRATION OPTIONS

LEVEL
LOYALTY REWARDS

13,340 Points / \$200
PER ATTENDEE

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REDEEM

CREDIT CARD

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