

# MINDFUL LEADERSHIP™

© SSBC

V I R T U A L   W O R K S H O P

## THE LEADER NEEDS TO BE THE CALMEST PERSON IN EVERY SITUATION

### LEARNING TO BE MINDFUL

- Identify the "triggers" that knock you off your purpose
- Implement the process of heart-to-heart conflict resolutions
- Improve your response and the outcome of difficult situations
- Understand social-emotional learning & the power of emotional intelligence

### OUTCOMES OF PRACTICING MINDFULNESS

- Improve the outcome of difficult situations
- Become "better" by improving your thinking
- Enhance your coaching ability by applying a growth mindset
- Respond effectively rather than reacting too quickly

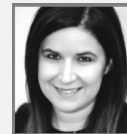
### INCLUDES:

- PRIVATE GROUP / MINDFUL LEADERSHIP ATTENDEES ONLY
- ACCESS / 7-DAY FOLLOW UP

[CLICK TO LEARN MORE](#)



SUMMIT FACILITATORS



HEATHER BAGBY



DAVE KIRBY

## ZOOM MEETING & PRIVATE GROUP

SUNDAY, July 11, 2021  
11:00am – 2:00pm EST

**REGISTER NOW!**  
Seats are Limited

## INVESTMENT AND REGISTRATION OPTIONS

LEVEL  
LOYALTY REWARDS

**8340 Points**  
OR \$125 PER ATTENDEE

REWARD POINTS

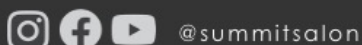
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